

Amber Bauerle, LICSW
Vantage Point Counseling, Inc.
(206)962-0335

Seattle Office

18 W. Mercer St. Suite 360 Seattle, WA 98119

Lynnwood Office

5108 196th St. SW, Suite 208 Lynnwood, WA 98036

Disclosure & Notice of Office Policies

Amber Bauerle, LICSW is a clinical member of the National Association of Social Workers (NASW). She received a Bachelor's Degree in Psychology and a Master's Degree in Social Work focused in psychotherapy at Eastern Washington University. She has been working in social services and mental health for over a decade. Ms. Bauerle is a Licensed Independent Clinical Social Worker, license #LW60058539. Her work is guided by the ethical codes of NASW and the Washington State Department of Health codes of practice. She is also a Department of Health approved supervisor providing training to new therapists in the field.

Methods/Training

Ms. Bauerle is an interactive solution focused therapist and specializes in developing individualized treatment to meet each client's needs. Cognitive behavioral therapy, narrative therapy, psychodynamic, EMDR and Gottman methods are of the most commonly used.

Specialized Training:

- EMDR (Eye Movement Desensitization Reprocessing): Therapy approach to treat trauma, anxiety, depression, grief & loss, amongst other concerns associated with reaching optimal health. Training completed through EMDR Institute.
- Gottman Couples Therapy: A New Research Based Approach, A Workshop for Clinicians, Level One-Bridging the Couple Chasm-John Gottman, Ph.D. and Julie Gottman, Ph.D.
- Hakomi- Nourishing Communication- Dave Cole and Carol Ladis-Gaskin
- Narrative Therapy training workshop with Michael White, founder of the highly acclaimed technique for therapeutic interventions with children, adults, and families.
- Psychotherapy training under the direction of psychologists, Jackie Geddes, Ph.D. and Miriam Berkman, Ph.D. at Counseling and Psychological Services (CAPS) at Eastern Washington University.

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Fees & Cancelation Policy

See Client Registration form for financial agreement. Payment is due at the time of each visit (insurance copayment or private payment). Your appointment time is reserved for you, therefore, you will be charged for a missed appointment if you have failed to notify Ms. Bauerle within 24 hours prior to a scheduled appointment time. Fees may increase periodically, and thus the fees are subject to change with two weeks prior notification.

Confidentiality/Privacy Practices (Summary)

Information discussed during therapy sessions is held in strict confidence. Personally identifying information will not be disclosed without the client's written permission. **Exceptions to confidentiality:** the law mandates that information be reported if a client reports child abuse, the abuse of a disabled adult, or threat to harm self or others. Client information may also be disclosed for the purpose of billing or if subpoenaed by a court or other legal authority. **Please review and sign the Notice of Privacy Practices (HIPAA) form.** A copy will be provided to you at your first visit.

Treatment Agreement

My signature below indicates that I have read and accepted treatment policies of Amber Bauerle, LICSW of Vantage Point Counseling, Inc. I have also completed and signed the Client Registration/Fee agreement form and the HIPAA Privacy Notice on this date. I have had an opportunity to ask questions to clarify my understanding of the information. I understand that I have the right to refuse treatment and the right to choose a practitioner and treatment modality which best meets my needs.

Client Signature _____ Date _____

Client Signature _____ Date _____

Therapist Signature _____ Date _____